

Presentation & Discussion on Loneliness & Isolation

Come join us for this free live and online presentation and discussion!

Loneliness can increase as you age due to losing friends and loved ones and losing connections like those you had while working. Health concerns can make socializing more difficult. Join us to learn ways to stay connected and healthy during the pandemic.

Monday, September 14 at 11am

Link: <https://zoom.us/j/91982087170?pwd=TVZPT1ZKaEtyd2E3MzR1cjRYd0h1Zz09>

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Eliot

Inspired to make a difference.
Equipped to get it done.



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For more information, please email sball@actonma.gov or call 978-929-6453