

SUGGESTED ALZHEIMER'S DISEASE & DEMENTIA RESOURCES FOR CAREGIVERS

NATIONAL	STATE OF MASSACHUSETTS	ACTON-BOXBOROUGH LOCAL	CAREGIVERS	CHURCH & FAITH BASED
https://www.alz.org/alzheimers-dementia/10_signs	https://www.mass.gov/dementia-friendly-massachusetts	Acton Nursing Service: 978-929-6650	https://www.alz.org/help-support/caregiving	<i>Becoming a Faith-Based Dementia Friendly Church:</i> https://www.umcdiscipleship.org/resources/the-dementia-friendly-church
https://alz.org/help-support/resources	https://dfmassachusetts.org/dfm-communities/	Boxborough Council on Aging: 978-264-1717 (Lauren Abraham, Director)	Eldercare Locator: https://eldercare.acl.gov/Public/Index.aspx	United Church of Christ, Boxborough www.boxboroughucc.org 978-263-7387 (Rev. Cindy Worthington-Berry)
Free 24/7 Alzheimer's Helpline: 800-272-3900		Emerson Hospital: 978-369-1400	National Alliance for Caregiving: https://www.caregiving.org/caregiving-in-the-us-2020/	
Tips for Caregivers during COVID-19: https://www.alz.org/helpsupport/caregiving/coronavirus-(covid-19)-tips-for-dem		Memory Café: https://www.jfcsboston.org/Our-Services/Older-Adults/Alzheimers-Related-Disorders-Family-Support/Directory-of-Memory-Caf%C3%A9s-in-Greater-Boston#1113514-acton	Alzheimer's Association Caregivers Support: https://www.alz.org/help-support/caregiving	
		Minuteman Senior Services: 781-272-7177	AARP Caregiving Resource Center: https://www.aarp.org/caregiving	
		Nashoba Nursing Service: 978-772-3335 ext. 340 (Tamara Bedard)	National Institutes for Health, Caring for a Person with Alzheimer's Disease: https://www.nia.nih.gov/health/alzheimers	