

Acton Council on Aging January 3rd, 2022

Because of the surge in COVID cases, the following changes have been implemented
The town of Acton has a mask mandate and recommendation to practice social distancing of six feet.

in-person games (Mah Jongg, bridge, chess and scrabble) and eat-in meals (grab & go will be offered) are suspended until further notice.

Some activities will have lower maximum attendance numbers in place to allow for social distancing.

There are programs that have moved to Zoom, been postponed or canceled based on instructor/presenter/leader preference:

- NouVonne Fitness and Chair exercise classes are canceled on January 7
- Genealogy group is canceled on January 11
- Poets live Forever series starting January 12 will take place via Zoom
- Four Centuries of Music with Sivan on January 20 has been postponed to a later date to be determined
- Ask the Lawyer appointments on January 25 will take place via Zoom or phone

Some good news: fitness classes taught by Terri Zaborowski that were previously canceled the week of January 10 are now going to meet, including: Active Aging Monday at 8:30, Tuesday and Thursday at 9:45; Senior Fitness Tuesday, Wednesday, Thursday and Friday at 8:30, and Stretch & Flex Thursday at 3:00.

Keep abreast of any additional changes by checking the COA website (www.actoncoa.com) and Facebook pages (@actoncoa) or giving us a call at 978-929-6652. You can also sign up to receive notifications [here](#), (scroll down to News Flash for the COA) Thank you for your understanding and cooperation. The COA staff's priority is helping our seniors to stay safe and to keep the Senior Center open.